



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 18989, AUSTIN, Peanut Butter on Toasty Crackers, sandwich-type, reduced fat

Report Date: July 04, 2017 20:17 EDT

Nutrient values and weights are for edible portion.

| Nutrient | Unit | Value Per 100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source | NDB Ref | Last Modified |
|--|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Proximates | | | | | | | | | | | | | |
| Water ¹ | g | 2.70 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Energy ¹ | kcal | 463 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Energy | kJ | 1937 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Protein ¹ | g | 9.50 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Total lipid (fat) ¹ | g | 18.00 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Carbohydrate, by difference ¹ | g | 67.20 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

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|-----------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Fiber, total dietary ¹ | g | 2.7 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Sugars, total ¹ | g | 11.80 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Minerals | | | | | | | | | | | | | |
| Iron, Fe ¹ | mg | 3.30 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Magnesium, Mg ¹ | mg | 12 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Phosphorus, P ¹ | mg | 119 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Potassium, K ¹ | mg | 68 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Sodium, Na ¹ | mg | 648 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Vitamins | | | | | | | | | | | | | |
| Thiamin ¹ | mg | 0.420 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

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|---|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Riboflavin ¹ | mg | 0.270 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Niacin ¹ | mg | 3.600 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Folate, total ¹ | µg | 110 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Lipids | | | | | | | | | | | | | |
| Fatty acids, total saturated ¹ | g | 2.900 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total monounsaturated ¹ | g | 6.000 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total polyunsaturated ¹ | g | 6.400 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total trans ¹ | g | 0.120 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Cholesterol ¹ | mg | 0 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

¹Kellogg, Co. Kellogg Company Products, 2012